
THERMODYNAMIC UNCERTAINTY RELATIONS FROM FLUCTUATION THEOREMS

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Quarantine Thermo

The interwebs

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Summary



André M. Timpanaro, Giacomo Guarnieri, John Goold, GTL,
“**Thermodynamic uncertainty relations from exchange fluctuation theorems**”.
Phys. Rev. Lett. **123**, 090604 (2019) (arXiv 1904.07574)

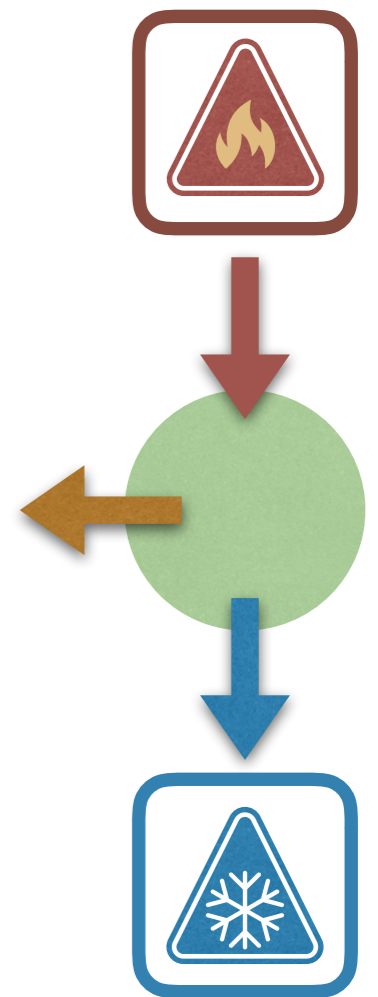
THE SECOND LAW

- The 1st law puts heat and work on similar footing and says that, in principle, one can be interconverted into the other.

- For a system coupled to two baths, for instance, we have:

$$\frac{dU}{dt} = \dot{Q}_h + \dot{Q}_c + \dot{W}$$

- Not all such processes, however, are actually possible.
 - This is the purpose of the 2nd law.



-
- The 2nd law deals with entropy.
 - *Entropy, however, does not satisfy a continuity equation.*
 - There can be a flow of entropy from the system to the environment, which is given by the famous Clausius expression \dot{Q}/T .
 - But, in addition, there can also be some entropy which is spontaneously *produced* in the process. The entropy balance equation thus reads

$$\frac{dS}{dt} = \dot{\Sigma} + \frac{\dot{Q}_h}{T_h} + \frac{\dot{Q}_c}{T_c}$$

- The quantity $\dot{\Sigma}$ is called the **entropy production rate**.
- The second law can now be formulated mathematically by the statement

$$\dot{\Sigma} \geq 0$$

Why entropy production matters

- 1st and 2nd laws for a system coupled to two baths:

$$\frac{dU}{dt} = \dot{Q}_h + \dot{Q}_c + \dot{W} = 0$$

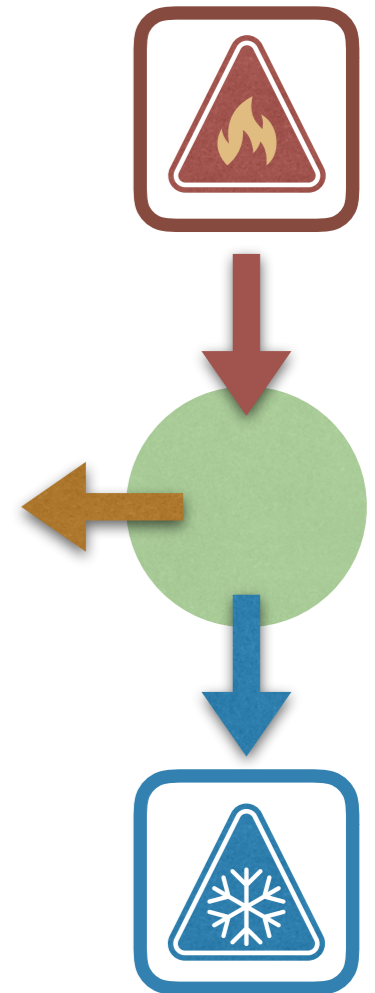
$$\frac{dS}{dt} = \dot{\Sigma} + \frac{\dot{Q}_h}{T_h} + \frac{\dot{Q}_c}{T_c} = 0$$

- The efficiency of the engine may then be written as

$$\eta = -\frac{\dot{W}}{\dot{Q}_h} = 1 + \frac{\dot{Q}_c}{\dot{Q}_h} = 1 - \frac{T_c}{T_h} - \frac{T_c}{\dot{Q}_h} \dot{\Sigma}$$

- Entropy production is therefore the reason the efficiency is smaller than Carnot:*

$$\eta = \eta_C - \frac{T_c}{\dot{Q}_h} \dot{\Sigma}$$



Carnot's statement of the 2nd law

“The efficiency of a quasi-static or reversible Carnot cycle depends only on the temperatures of the two heat reservoirs, and is the same, whatever the working substance. A Carnot engine operated in this way is the most efficient possible heat engine using those two temperatures.”

Flow of heat

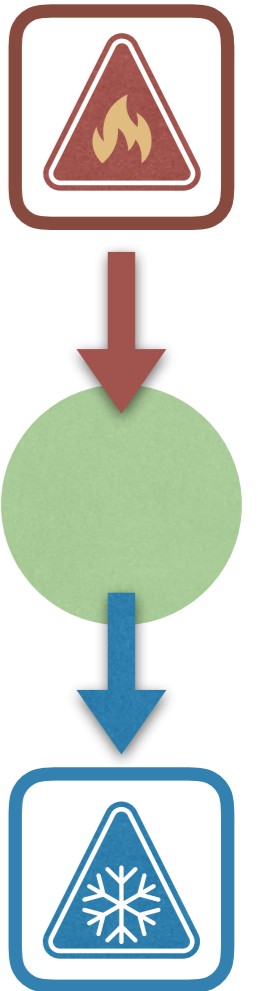
- The 2nd law reads

$$\dot{\Sigma} = -\frac{\dot{Q}_h}{T_h} - \frac{\dot{Q}_c}{T_c} \geq 0$$

- But if there is no work involved, $\dot{Q}_c = -\dot{Q}_h$

$$\therefore \dot{\Sigma} = \left(\frac{1}{T_c} - \frac{1}{T_h} \right) \dot{Q}_h \geq 0$$

- *Heat flows from hot to cold.*



Clausius' statement of the 2nd law

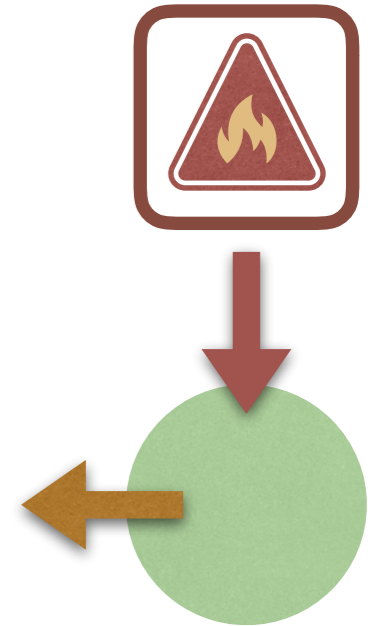
“Heat can never pass from a colder to a warmer body without some other change, connected therewith, occurring at the same time.”

Work from a single bath

- Finally, suppose there is only one bath present:

$$\dot{W} = -\dot{Q}_h$$

$$\dot{\Sigma} = -\frac{\dot{Q}_h}{T_h} = \frac{\dot{W}}{T_h} \geq 0$$



- Positive work (in my definition) means an external agent is *doing* work on the system.
-

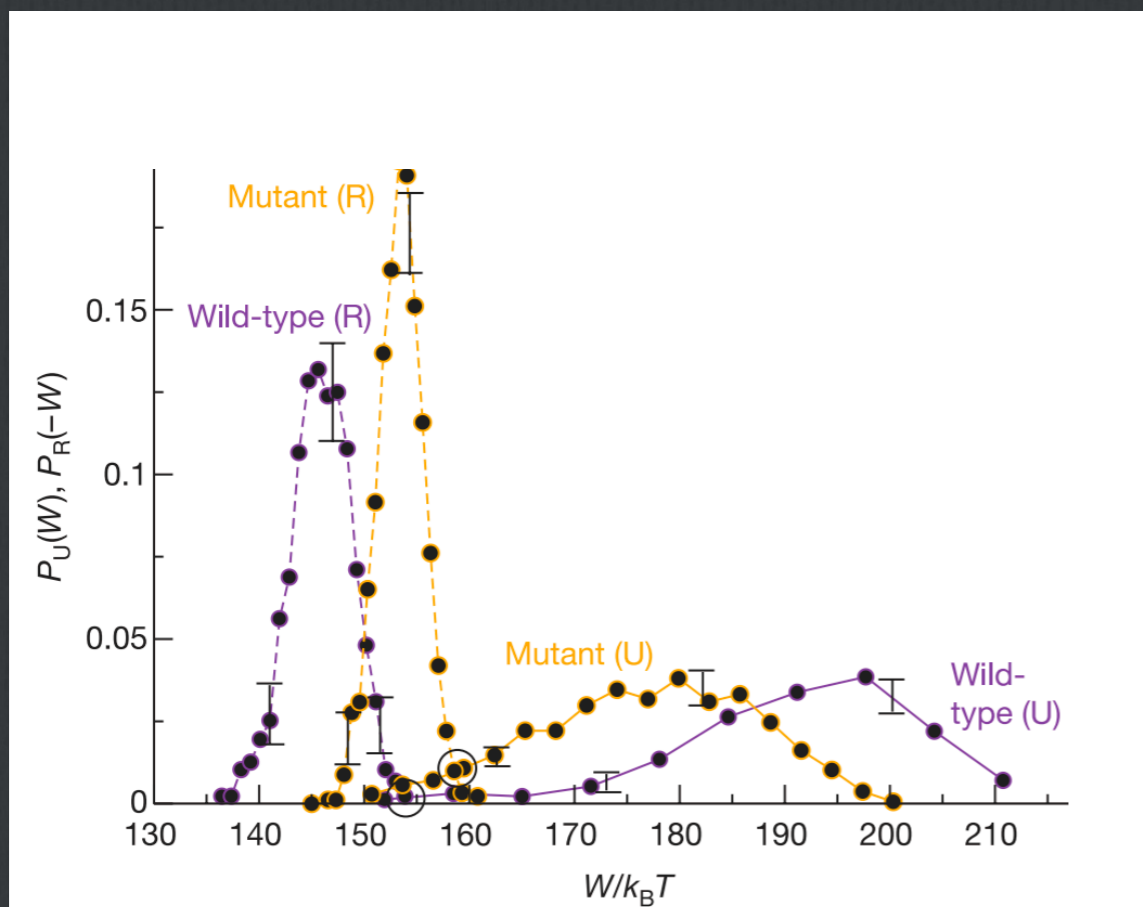
Kelvin-Planck statement of the 2nd law

“It is impossible to devise a cyclically operating device, the sole effect of which is to absorb energy in the form of heat from a single thermal reservoir and to deliver an equivalent amount of work.”

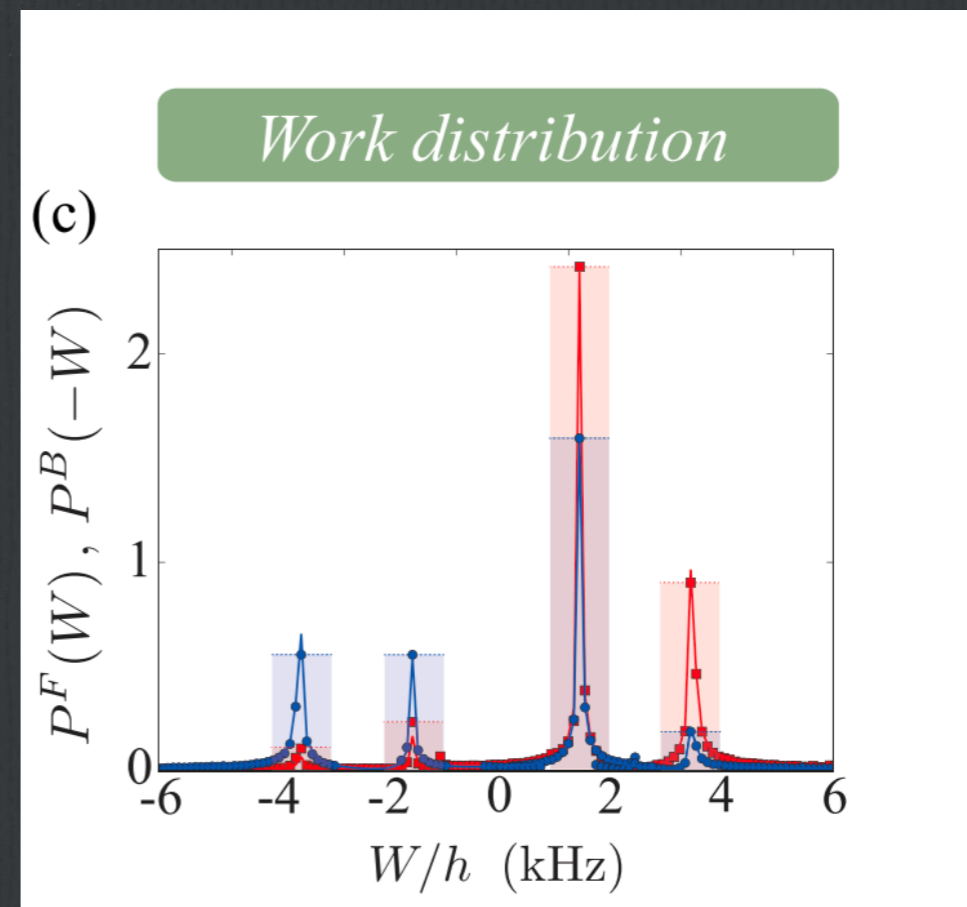


Thermodynamics at the nanoscale

- **This process requires some work.**
- **But now imagine doing the same with an RNA molecule.**
- **The RNA molecule is constantly fluctuating due to Brownian motion.**
- **Thus, every time we repeat the process, the work required to fold the molecule will be different.**
- **Work is therefore a** random variable **and we must speak about a** probability of work $P(W)$

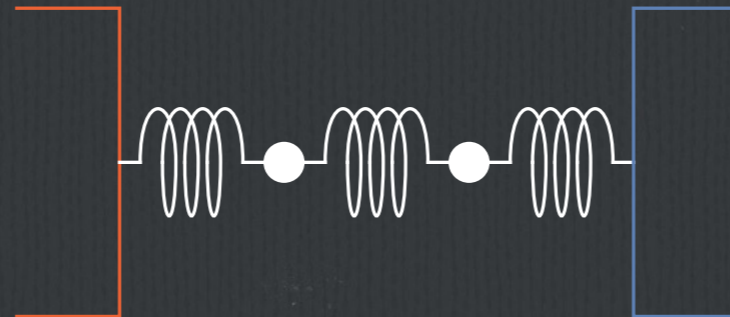


Collin, et. al., Nature, 437 (2005)

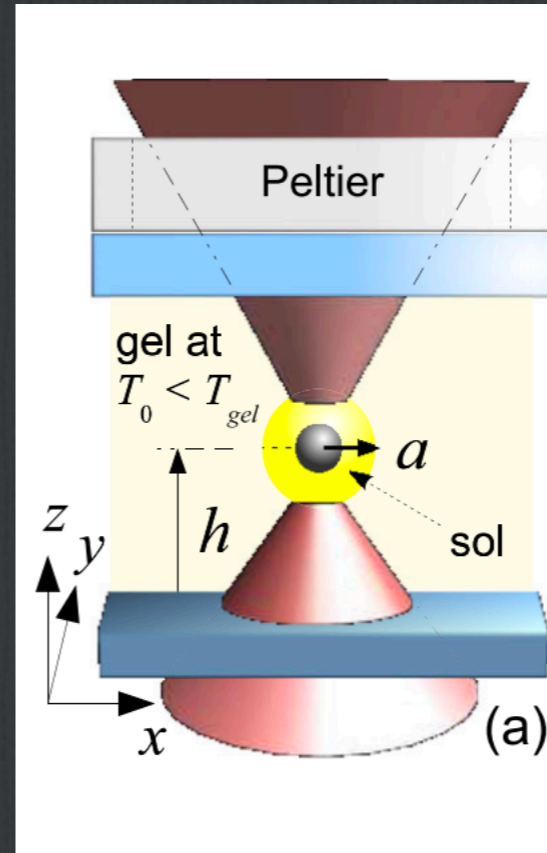
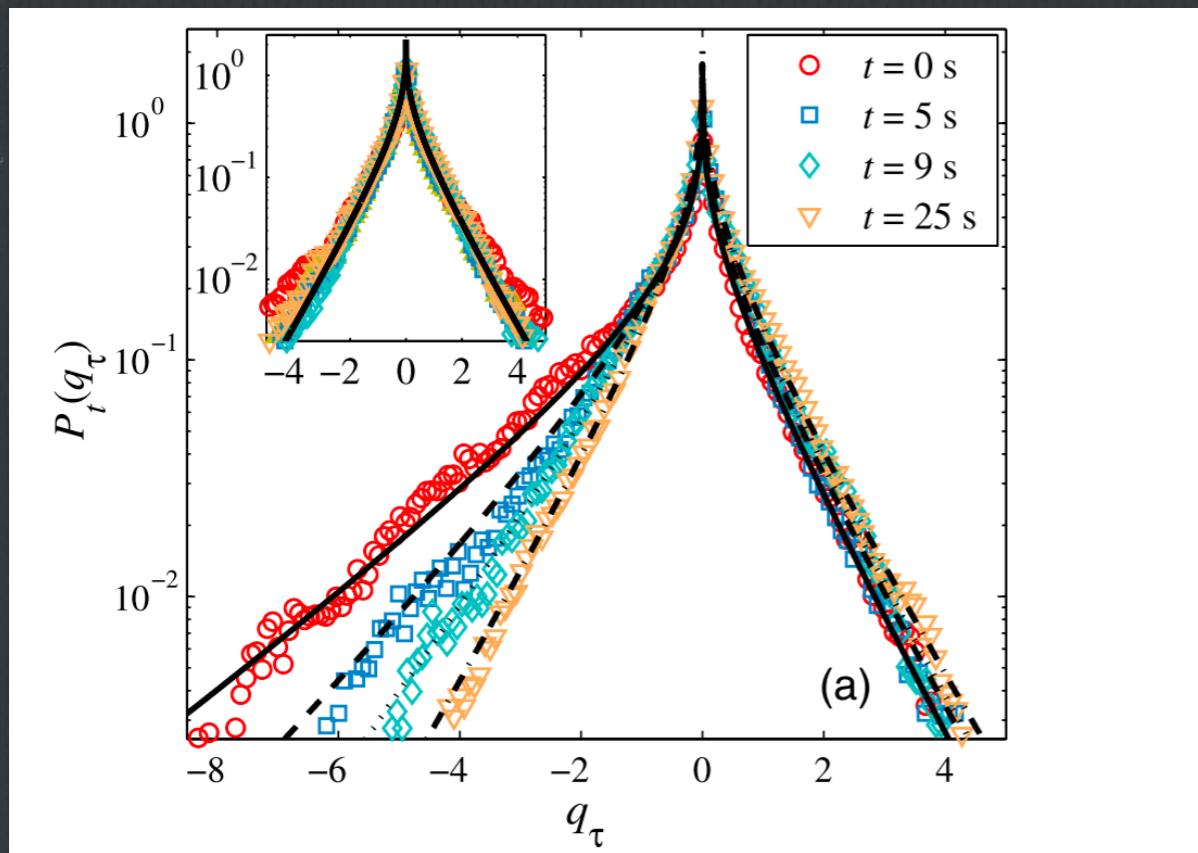


Batalhão, et. al., Phys. Rev. Lett. 113 (2014).

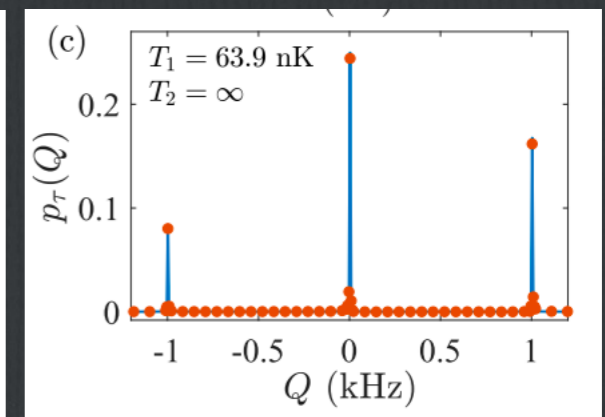
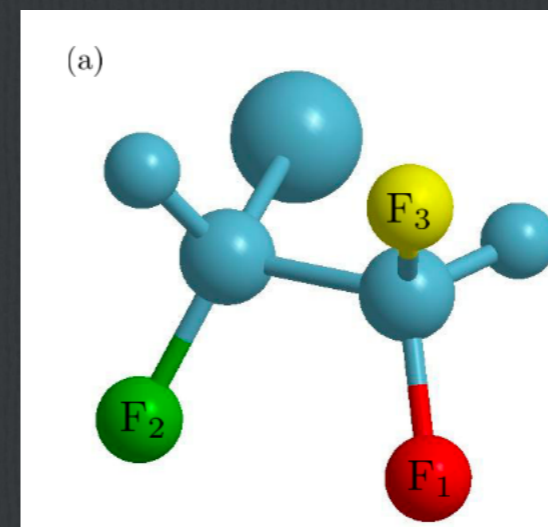
- The exact same thing happens for heat.
- The heat exchanged between two buckets of water practically does not fluctuate.
- But the heat exchanged between two harmonic oscillators does.



- Heat will therefore also be described by a prob. dist. $P(Q)$



J. R. Gomes-Solano, et. al., Phys. Rev. Lett. 106, 200602 (2011)



S. Pal et. al, Phys. Rev. A. 100, 042119 (2019)

Consequences of microscopic fluctuations

Fluctuation
theorems

$$\frac{P(\Sigma)}{P(-\Sigma)} = e^{\Sigma}$$

Thermodynamic
Uncertainty
Relations

$$\frac{\text{var}(\Sigma)^2}{\mathbb{E}(\Sigma)^2} \geq \frac{2}{\mathbb{E}(\Sigma)}$$

Fluctuation theorems

$$\frac{P(\Sigma)}{P(-\Sigma)} = e^{\Sigma}$$

Fluctuation theorems

- ❖ The probability distributions of thermodynamic quantities cannot be arbitrary,
 - ❖ They must satisfy a special symmetry known as a Fluctuation Theorem:

Work (Jarzynski-Crooks)

$$\frac{P_F(W)}{P_B(-W)} = e^{\beta(W-\Delta F)}$$

Heat (Jarzynski-Wójcik)

$$\frac{P(Q)}{P(-Q)} = e^{(\beta_c - \beta_h)Q}$$

- ❖ In the case of work, we have a forward and a backward process (fold and unfold).
- ❖ For heat, $P_B = P_F$

- ❖ The two can be written in a unified way in terms of the entropy production.

Work: $\Sigma = \beta(W - \Delta F)$

$$\frac{P_F(W)}{P_B(-W)} = e^{\beta(W - \Delta F)}$$

then

$$\frac{P_F(\Sigma)}{P_B(-\Sigma)} = e^{\Sigma}$$

Heat: $\Sigma = (\beta_c - \beta_h)Q$

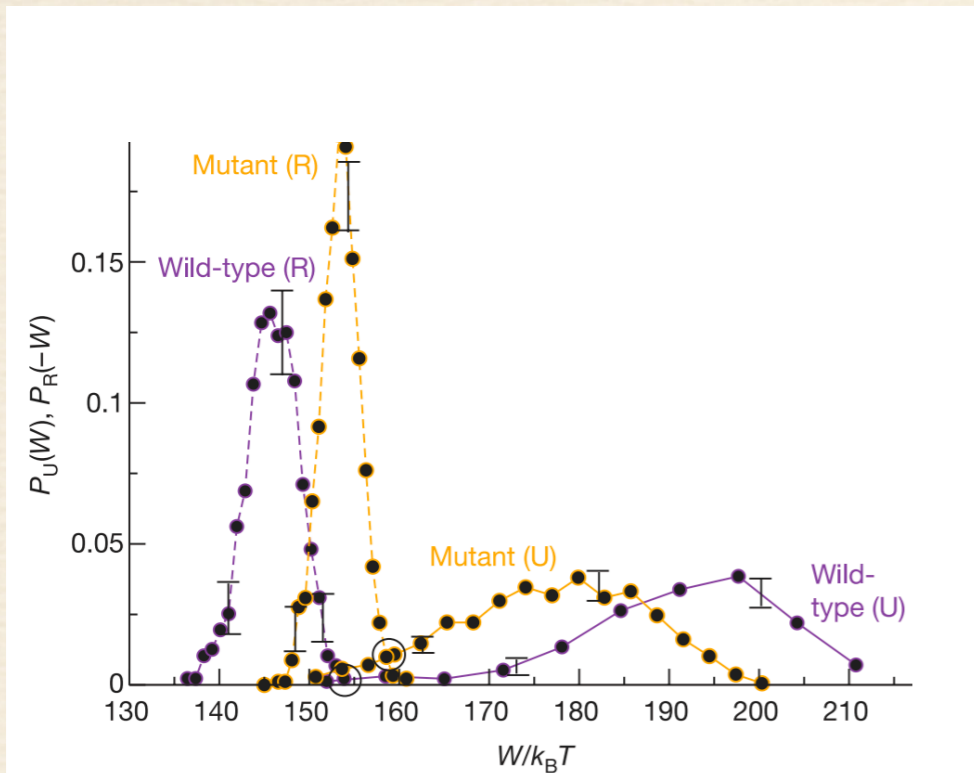
$$\frac{P(Q)}{P(-Q)} = e^{(\beta_c - \beta_h)Q}$$

then

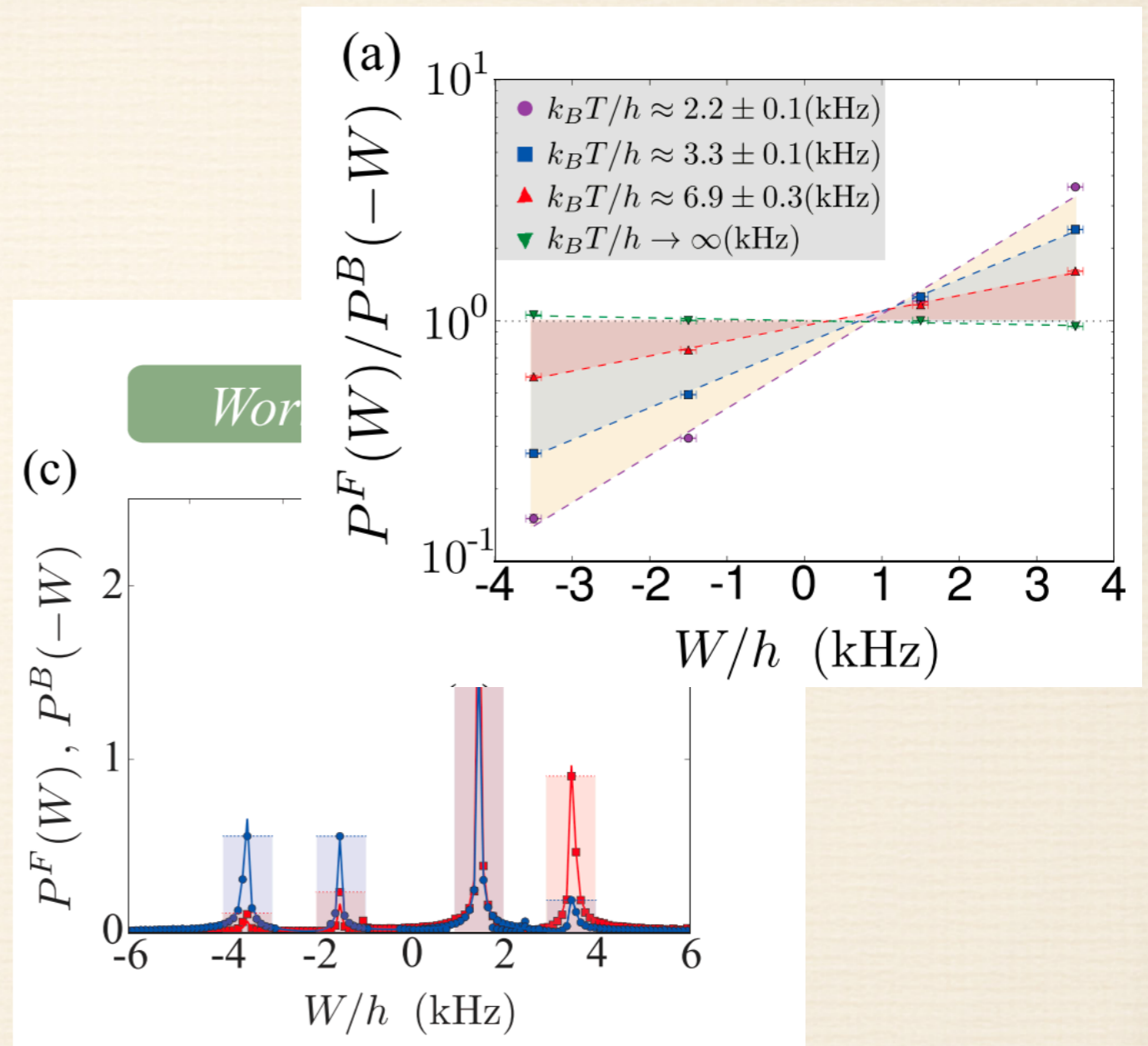
$$\frac{P(\Sigma)}{P(-\Sigma)} = e^{\Sigma}$$

- ❖ The case of heat is called an Exchange FT (EFT).
- ❖ It is stronger because it represents a symmetry for the *same* distribution.
 - ❖ (Sometimes this happens for work too. But depends on the problem)

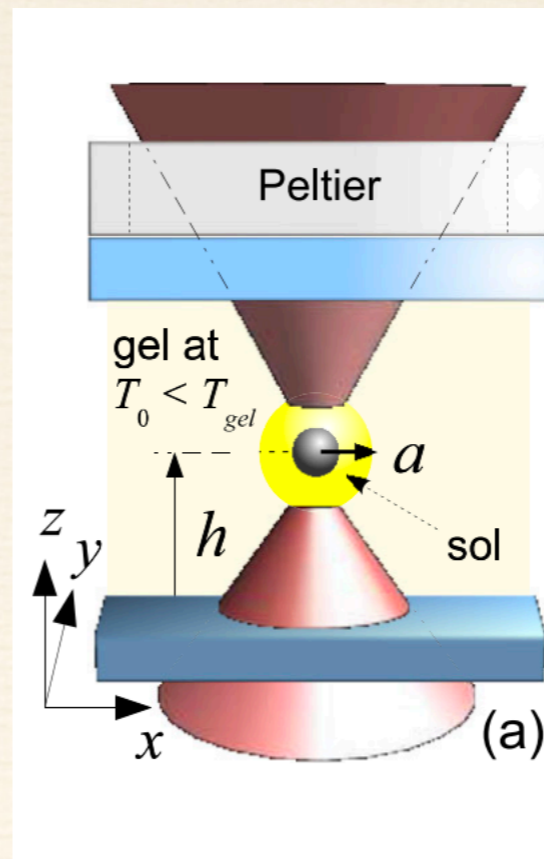
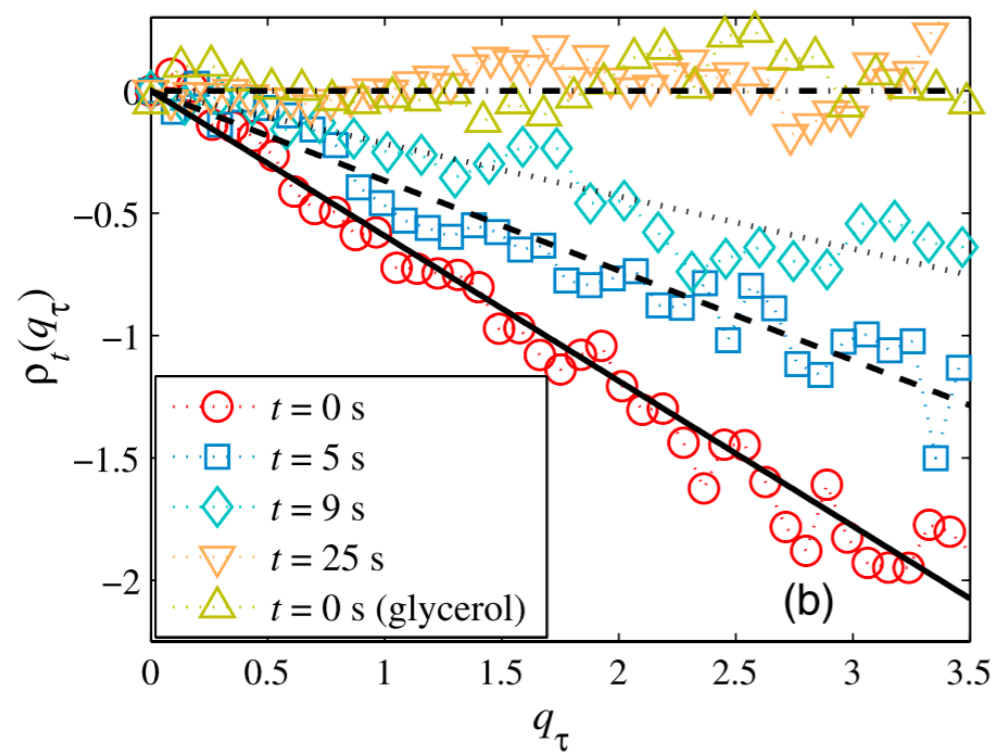
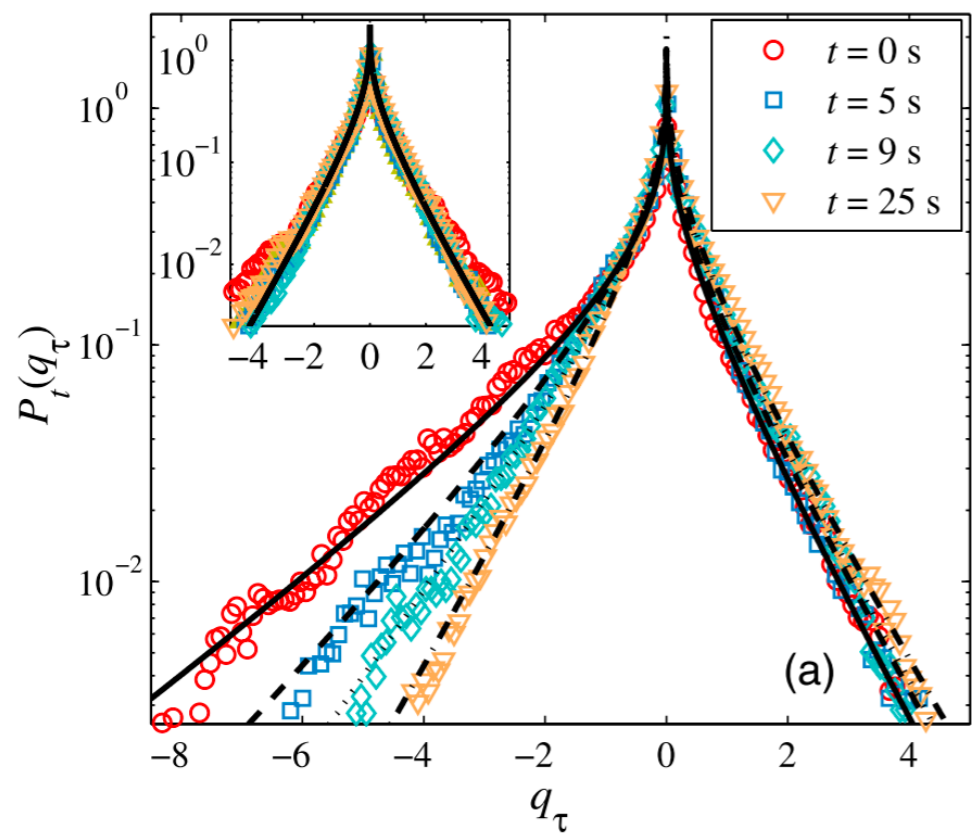
Experimental confirmation



Collin, et. al., Nature, 437 (2005)



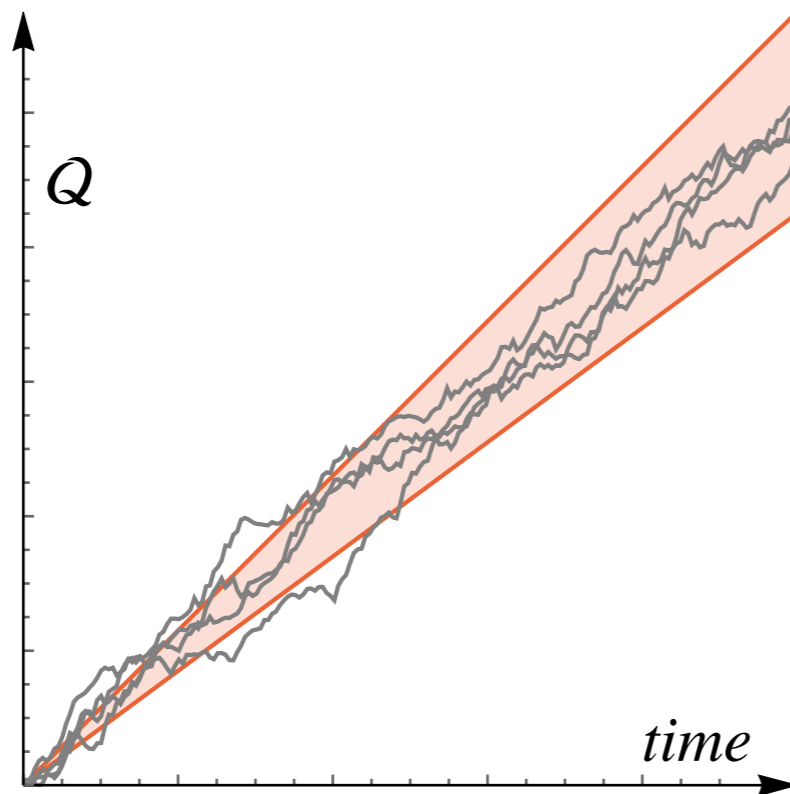
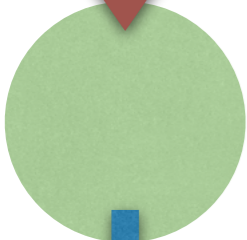
Batalhão, et. al., Phys. Rev. Lett. 113 (2014).



Thermodynamic Uncertainty Relations

$$\frac{\text{var}(\Sigma)^2}{\mathbb{E}(\Sigma)^2} \geq \frac{2}{\mathbb{E}(\Sigma)}$$

Thermodynamic Uncertainty Relations (TURs)



$$\frac{\text{var}(\dot{Q})}{\mathbb{E}(\dot{Q})^2} \geq \frac{2}{\mathbb{E}(\dot{\Sigma})}$$

$$\Sigma = \delta\beta Q \text{ (in the simplest case)}$$

- Simple, elegant and powerful.
- Counterintuitive: To reduce the fluctuations, the process should be *more irreversible*.



- Derived only for the steady-state of classical Markov chains.
- Can be violated in many relevant scenarios (e.g. thermoelectrics).

Implications for mesoscopic engines

- In an autonomous engine the output power is \dot{W}
- The TUR in this case then reads

$$\frac{\text{var}(\dot{W})}{\mathbb{E}(\dot{W})^2} \geq \frac{2}{\mathbb{E}(\dot{\Sigma})}$$

- From our previously derived result:

$$\eta = \eta_C - \frac{T_c}{\dot{Q}_h} \dot{\Sigma} \quad \rightarrow \quad \mathbb{E}(\dot{\Sigma}) = \frac{\mathbb{E}(\dot{Q}_h)}{T_c} (\eta_C - \eta)$$

- Thus:

$$\frac{\text{var}(\dot{W})}{\mathbb{E}(\dot{W})^2} \geq \frac{2T_c}{\mathbb{E}(\dot{Q}_c)} \frac{1}{\eta_C - \eta}$$

- Thus:

$$\frac{\text{var}(\dot{W})}{\mathbb{E}(\dot{W})^2} \geq \frac{2T_c}{\mathbb{E}(\dot{Q}_c)} \frac{1}{\eta_C - \eta}$$

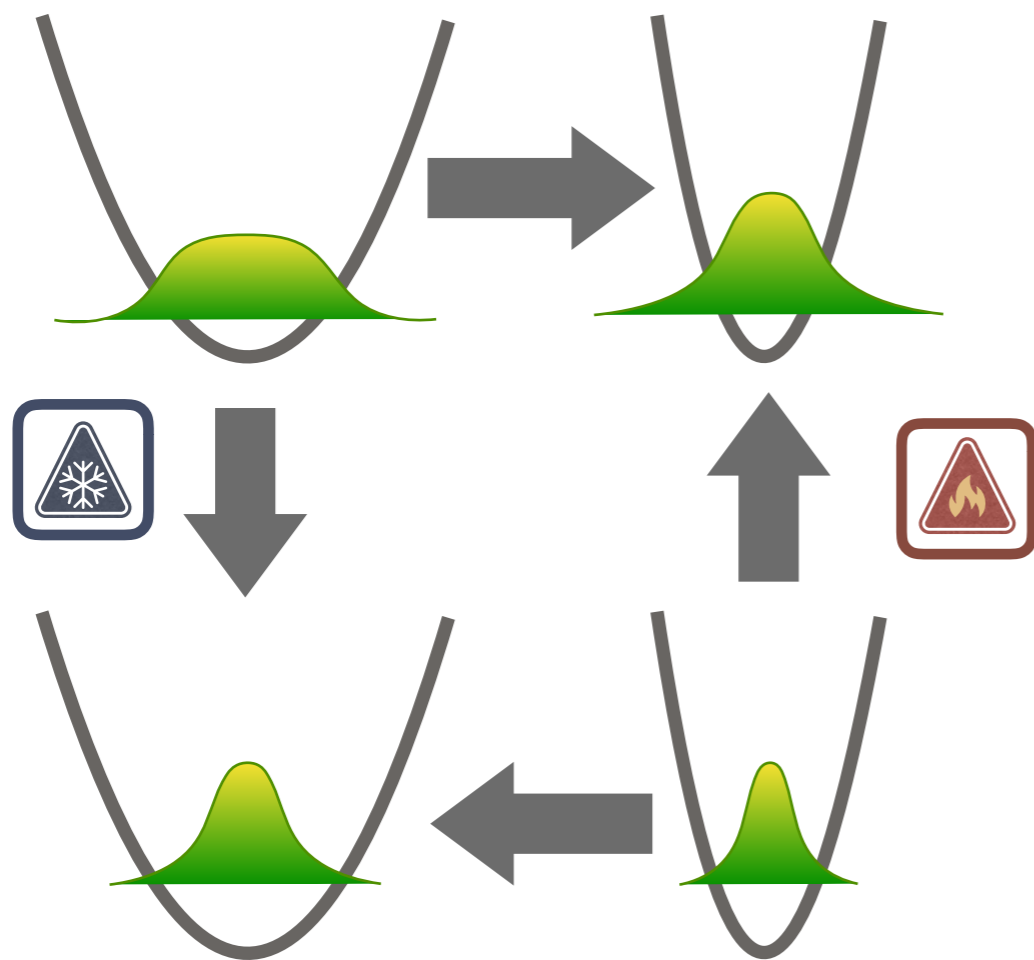
- Finally, we note that $\eta = \frac{\mathbb{E}(\dot{W})}{\mathbb{E}(\dot{Q})}$, so that

$$\text{var}(\dot{W}) \geq 2T_c |\mathbb{E}(\dot{W})| \frac{\eta}{\eta_C - \eta}$$

- If you wish to operate the engine close to Carnot efficiency, you pay the price that the fluctuations may become very large.
 - To curb fluctuations, the engine should be operated irreversibly!
 - Goes against everything we learn in undergraduate thermodynamics 🤯

Implications for mesoscopic autonomous heat engines

- In an autonomous engine the output power is defined by $P = \dot{W}$
- Thermal Machines: Otto Cycle



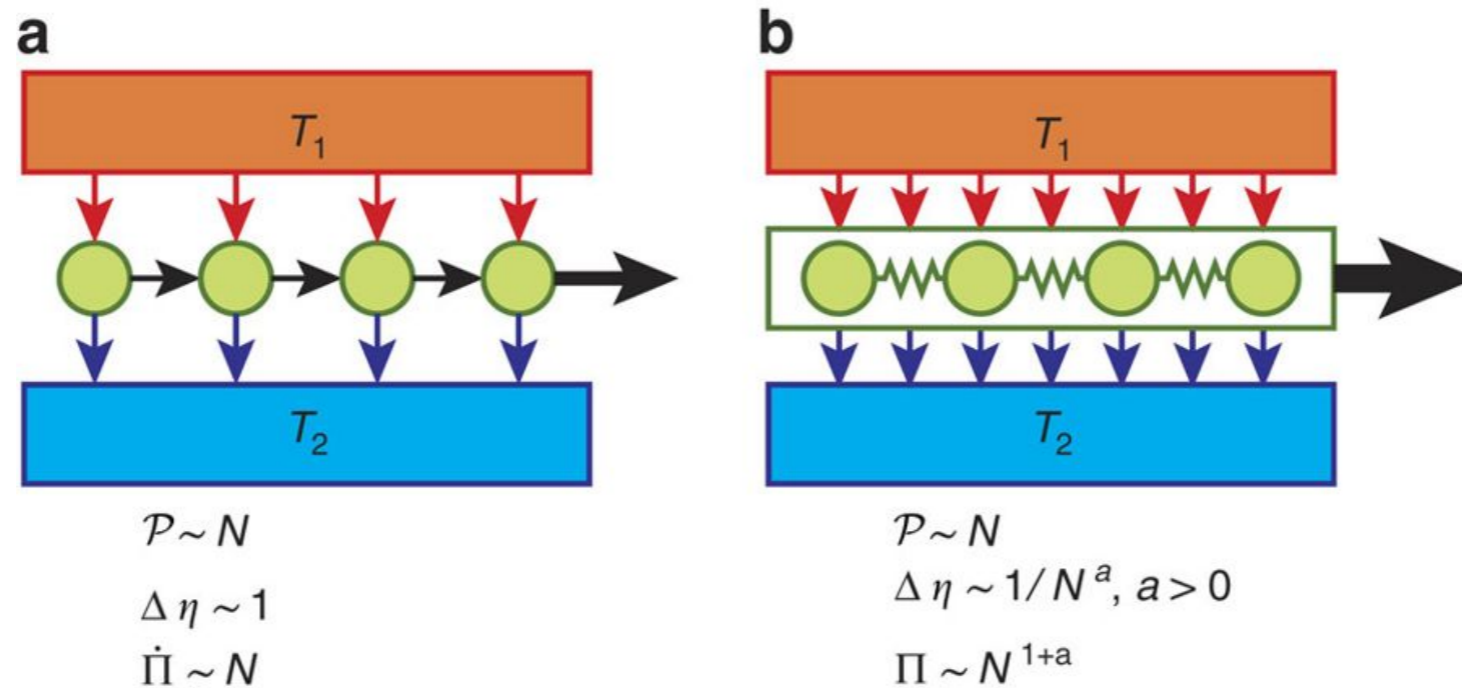
$$\eta = \eta_c \quad \text{if} \quad \mathbb{E}(\dot{\Sigma}) = 0$$

$$\Rightarrow P = 0$$

- Carnot efficiency achievable only at the expense of zero power

Implications for mesoscopic autonomous heat engines

■ However...





Campisi and Fazio ‘The power of a critical engine’. Nat. Comms. 7, 11895 (2016).

“We focus on quantum Otto engines and show that when the working substance is at the verge of a second order phase transition diverging energy fluctuations can enable approaching the Carnot point without sacrificing power.”

TURs explain: To approach Carnot efficiency at a finite power one must pay with diverging fluctuations!

Thermodynamic uncertainty relations constrain non-equilibrium fluctuations

Jordan M. Horowitz ^{1,2,3} and Todd R. Gingrich ⁴

Experimental study of the thermodynamic uncertainty relation

Soham Pal,¹ Sushant Saryal,¹ D. Segal,^{2,3} T. S. Mahesh,¹ and Bijay Kumar Agarwalla^{1,*}

1912.08391

Thermodynamic uncertainty relation in atomic-scale quantum conductors

Hava Meira Friedman,¹ Bijay K. Agarwalla,² Ofir Shein-Lumbroso,³ Oren Tal,³ and Dvira Segal^{1,4,*}

2002.00284

TUR from FTs

André M. Timpanaro, Giacomo Guarnieri, John Goold, GTL,
“**Thermodynamic uncertainty relations from exchange fluctuation theorems**”.
Phys. Rev. Lett. **123**, 090604 (2019) (arXiv 1904.07574)

EXCHANGE FLUCTUATION THEOREM

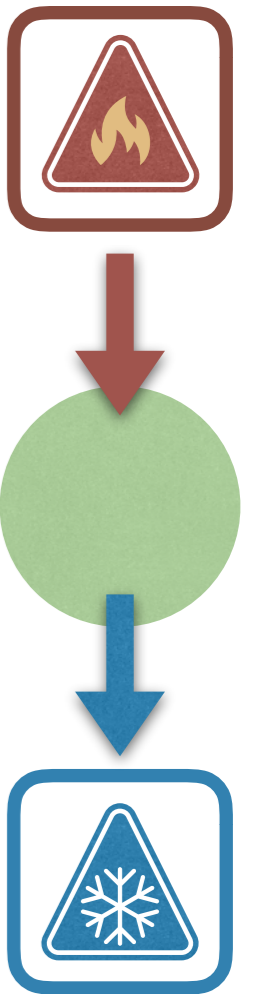
- Fluctuation theorems for thermodynamic processes usually have the form

$$\frac{P_F(\Sigma)}{P_B(-\Sigma)} = e^\Sigma$$

- e.g. Crooks theorem for work: $\Sigma = \beta(W - \Delta F)$
- FTs, however, compare a *forward* with a *backward* process.
- In some systems, both coincide. These are called *Exchange FTs*:

$$\frac{P(\Sigma)}{P(-\Sigma)} = e^\Sigma$$

- This is *much stronger*: it is a symmetry on a single probability distribution.
- Example: direct heat exchange: $\Sigma = \delta\beta Q$



- We consider a system satisfying an exchange fluctuation theorem.

$$\frac{P(\Sigma)}{P(-\Sigma)} = e^{\Sigma}$$

- We proved the following theorem:

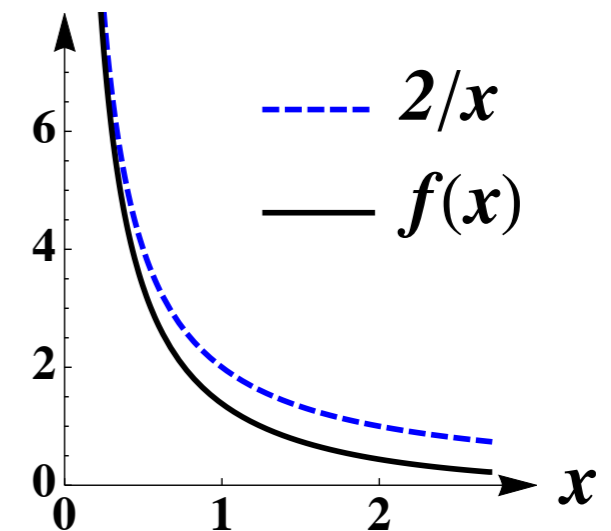
Theorem (“TUR de force”). For fixed finite $\mathbb{E}(\Sigma)$, the probability distribution $P(\Sigma)$ satisfying $P(\Sigma)/P(-\Sigma) = e^{\Sigma}$, with the smallest possible variance (the minimal distribution) is

$$P_{min}(\Sigma) = \frac{1}{2 \cosh(a/2)} \left\{ e^{a/2} \delta(\Sigma - a) + e^{-a/2} \delta(\Sigma + a) \right\},$$

where the value of a is fixed by $\mathbb{E}(\Sigma) = a \tanh(a/2)$. For this distribution

$$\text{Var}(\Sigma)_{min} = \mathbb{E}(\Sigma)^2 f(\mathbb{E}(\Sigma)),$$

where $f(x) = \text{csch}^2(g(x/2))$, $\text{csch}(x)$ is the hyperbolic cosecant and $g(x)$ is the function inverse of $x \tanh(x)$.



For any other distribution we must then have:

$$\frac{\text{var}(\Sigma)}{\mathbb{E}(\Sigma)^2} \geq f(\mathbb{E}(\Sigma))$$

TUR de force IS TIGHT

- Our TUR is the tightest (saturable) bound for this scenario.
- And we know which thermodynamic process saturates it.
- This is relevant because, around the same time, similar papers appeared.
 - But all derived a looser bound with

$$f(x) = \frac{2}{e^x - 1}$$

- This bound, however, is never tight.

Hasegawa & Vu 1902.06376.

Proesman & Horowitz 1902.07008.

Potts & Samuelsoon 1904.04913.

EXTENSION TO MULTIPLE CHARGES

- We can also generalize our framework to Exchange FTs involving multiple charges:

$$\frac{P(Q_1, \dots, Q_n)}{P(-Q_1, \dots, -Q_n)} = e^{\sum_i A_i Q_i}$$

- The entropy production in this case is $\Sigma = \sum_i A_i Q_i$

- ex: heat engine FT:

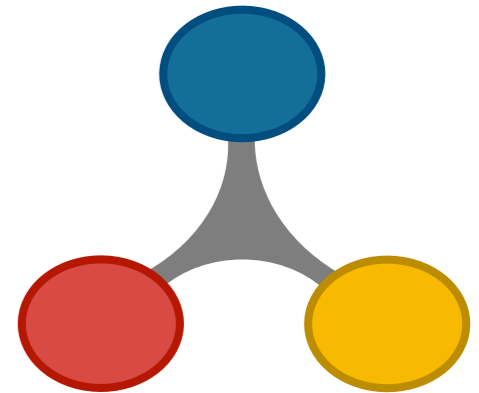
$$\frac{P(Q_h, W)}{P(-Q_h, -W)} = e^{(\beta_h - \beta_c)Q_h + \beta_c W}$$

- In this case we obtain the matrix bound

$$\mathcal{C} - f(\mathbb{E}(\Sigma))\mathbf{q}\mathbf{q}^T \geq 0$$

$$q_i = \mathbb{E}(Q_i)$$

$$C_{ij} = \text{cov}(Q_i, Q_j)$$



$$\mathcal{C} - f(\mathbb{E}(\Sigma))\mathbf{q}\mathbf{q}^T \geq 0$$

$$q_i = \mathbb{E}(Q_i)$$

$$C_{ij} = \text{cov}(Q_i, Q_j)$$

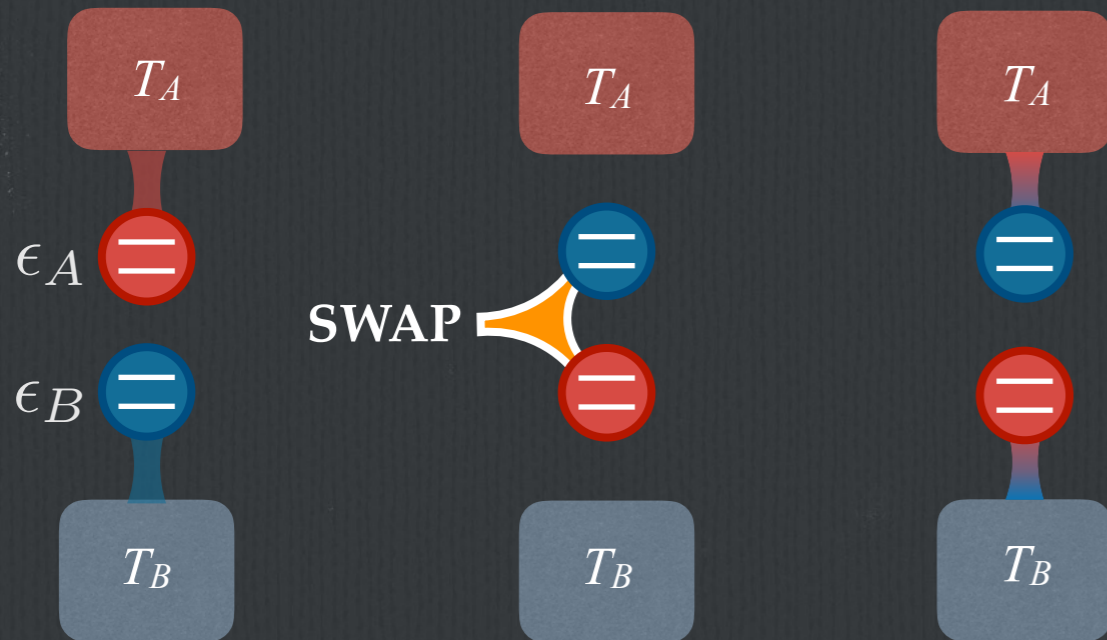
- This says that the matrix above is positive semi-definite.
- As a consequence, all diagonal entries must be positive, which implies an individual TUR for each charge:

$$\frac{\text{var}(Q_i)}{\mathbb{E}(Q_i)^2} \geq f(\mathbb{E}(\Sigma))$$

- In addition, it also places a restriction on the *sign* on the covariances:

$$\frac{\mathbb{E}(Q_i)^2}{\text{var}(Q_i)} + \frac{\mathbb{E}(Q_j)^2}{\text{var}(Q_j)} \geq \frac{1}{f(\mathbb{E}(\Sigma))} \rightarrow \text{sign}(C_{ij}) = \text{sign}(\mathbb{E}(Q_i)\mathbb{E}(Q_j))$$

SWAP engine

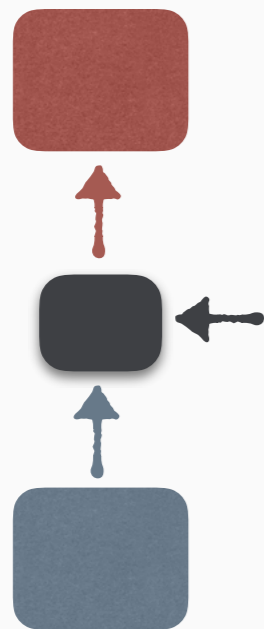


$$\langle Q_h \rangle = \epsilon_A (f_A - f_B)$$

$$\langle Q_c \rangle = -\epsilon_B (f_A - f_B)$$

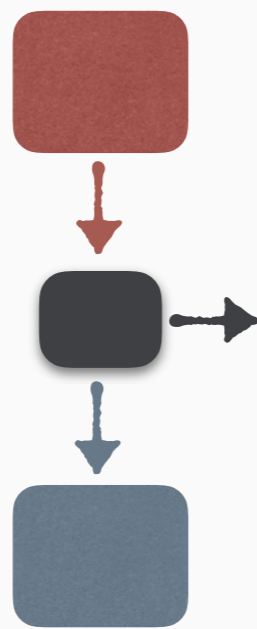
$$\langle W \rangle = -(\epsilon_A - \epsilon_B)(f_A - f_B)$$

$$f_i = \frac{1}{e^{\beta_i \epsilon_i} + 1}$$



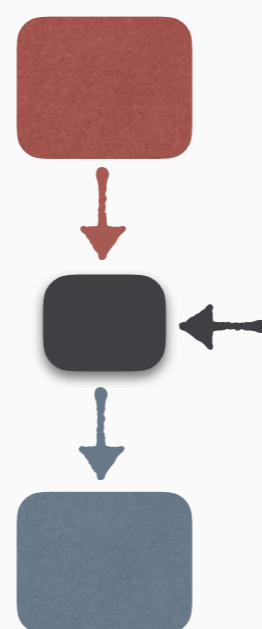
Refrigerator

$$\frac{\epsilon_B}{\epsilon_A} < \frac{\beta_A}{\beta_B}$$



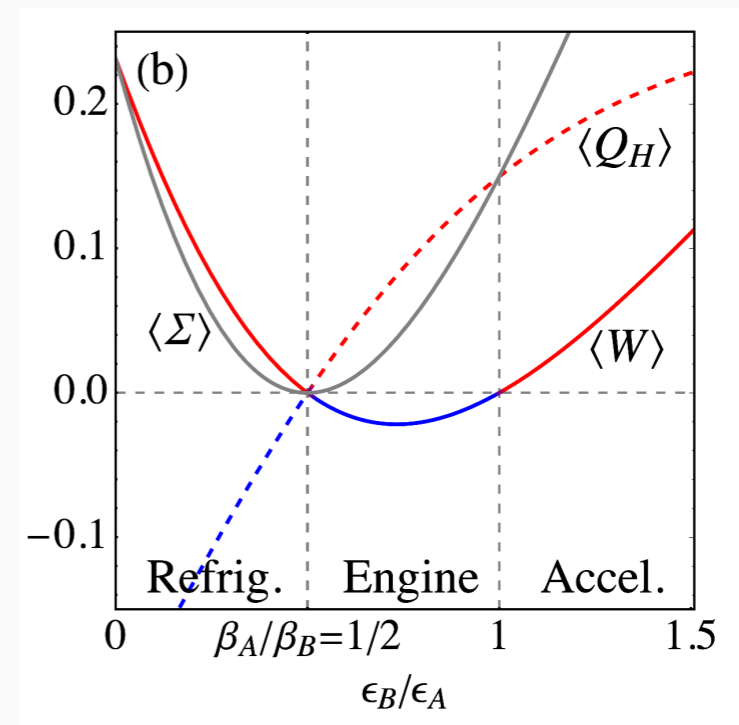
Engine

$$\frac{\beta_A}{\beta_B} < \frac{\epsilon_B}{\epsilon_A} < 1$$



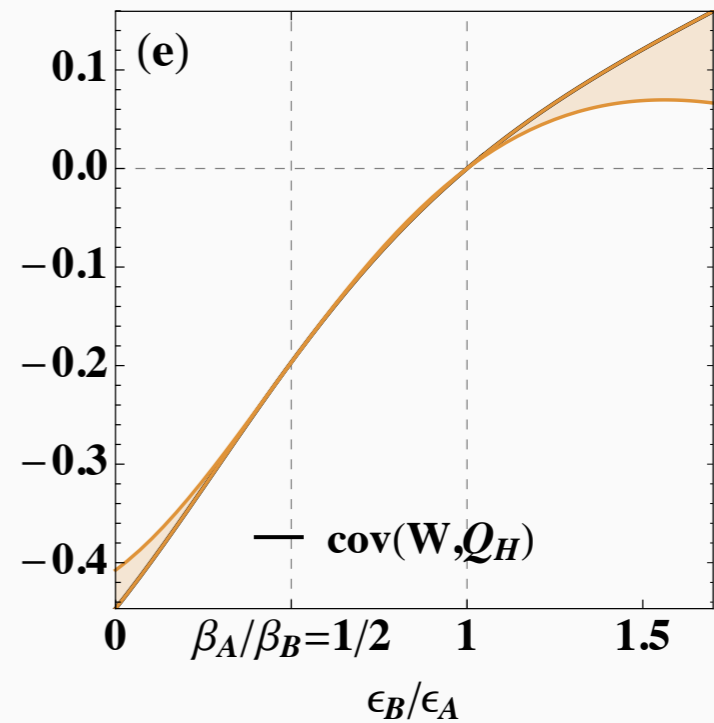
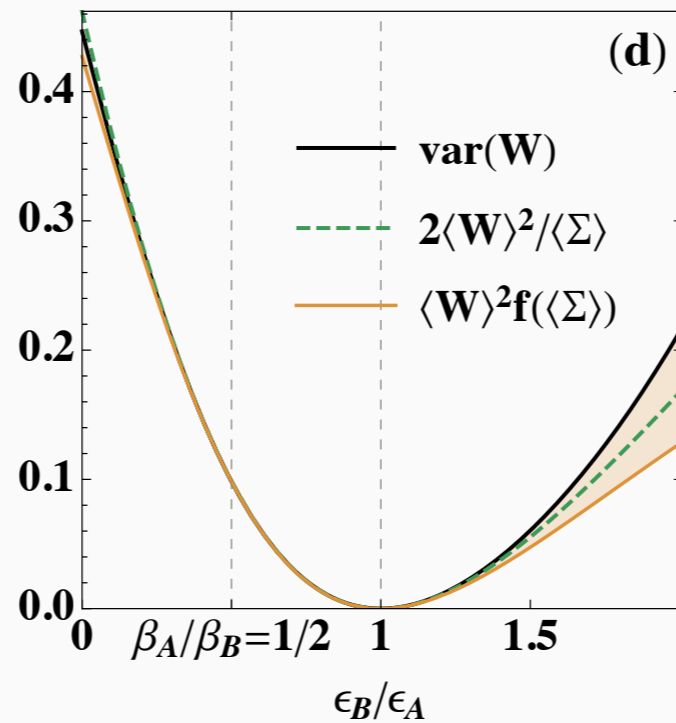
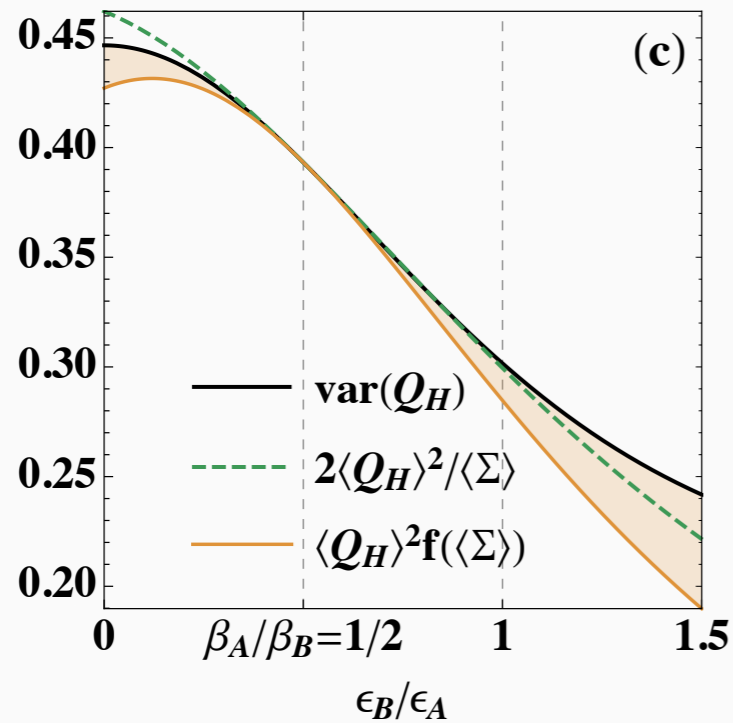
Accelerator

$$1 < \frac{\epsilon_B}{\epsilon_A}$$



SWAP engine

$$\frac{P(Q_H, W)}{P(-Q_H, -W)} = e^{(\beta_B - \beta_A)Q_H + \beta_B W}$$



EXPERIMENT

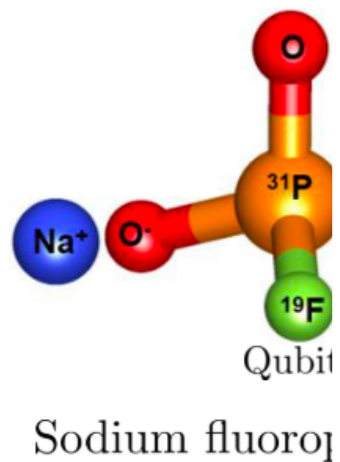
- The above results

Experiment

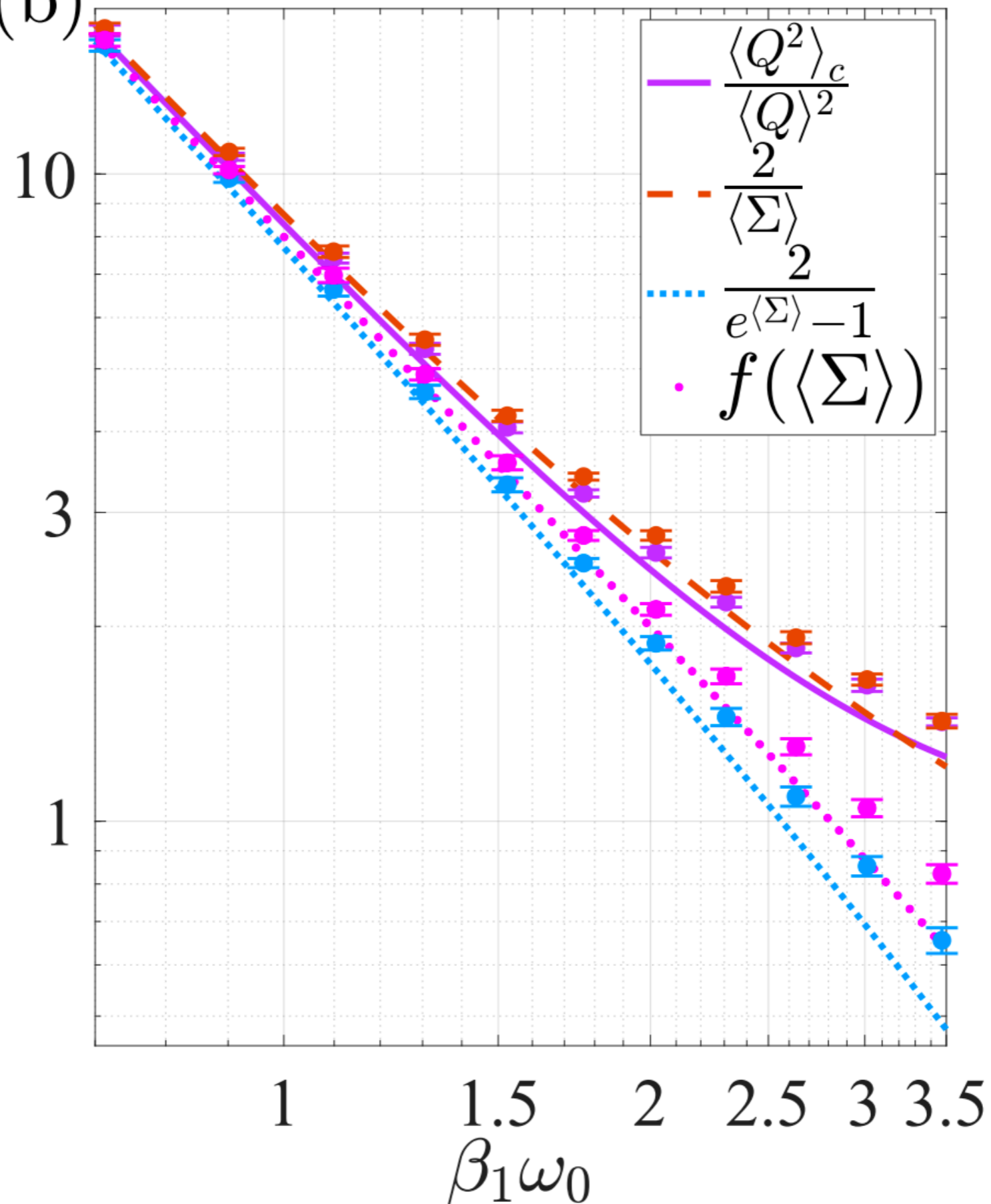
Soham Pal,¹

1912.08391

(a)



(b)



Agarwala^{1,*}

relation

Agarwala^{1,*}

ACHIEVABILITY OF THE OPTIMAL PROCESS

Theorem (“TUR de force”). For fixed finite $\mathbb{E}(\Sigma)$, the probability distribution $P(\Sigma)$ satisfying $P(\Sigma)/P(-\Sigma) = e^\Sigma$, with the smallest possible variance (the minimal distribution) is

$$P_{min}(\Sigma) = \frac{1}{2 \cosh(a/2)} \left\{ e^{a/2} \delta(\Sigma - a) + e^{-a/2} \delta(\Sigma + a) \right\},$$

where the value of a is fixed by $\mathbb{E}(\Sigma) = a \tanh(a/2)$.
For this distribution

$$\text{Var}(\Sigma)_{min} = \mathbb{E}(\Sigma)^2 f(\mathbb{E}(\Sigma)),$$

where $f(x) = \text{csch}^2(g(x/2))$, $\text{csch}(x)$ is the hyperbolic cosecant and $g(x)$ is the function inverse of $x \tanh(x)$.

The minimal process is one which has only 2 points in the support.

But is this achievable in practice?

i.e., is the bound saturable?

Conclusions

Acknowledgements:
FAPESP, Heraeus foundation

- In this talk I discussed how TURs can be viewed as a consequence of Fluctuation Theorems.
- I believe that this is important because:

- a. It sheds light on the physics of
- b. Shows that FTs not only impose additional constraints on
- c. Introduces the idea of a process that optimizes a given thermodynamic

