# Electric field induced edge-state oscillations in InAs/GaSb quantum wells

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Inverted-gap InAs/GaSb quantum wells have long been predicted to show quantum spin Hall insulator (QSHI) behavior. The experimental characterization of the QSHI phase in these systems has relied on the presence of quantized edge transport near charge neutrality. However, experimental data showing the presence of edge conductance in the *trivial* regime suggest that additional experimental signatures are needed to characterize the QSHI phase. Here we show that electric field-induced gap oscillations can be used as an indicator of the presence of helical edge states in the system. By studying a realistic low-energy model InAs/GaSb quantum wells derived from  $\mathbf{k} \cdot \mathbf{p}$  band theory, we show that such oscillations are bound to appear in narrow samples as the system is driven to the topological phase by the electric field. Our results can serve as a guide for the search of additional experimental signatures of the presence of topologically protected helical edge states in InAs/GaSb systems.

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# I. INTRODUCTION

Quantum spin Hall insulators (QSHIs) [1,2] are systems with a bulk band gap and gapless helical edge states, topologically protected from backscattering by the time-reversal symmetry [3]. In this sense, QSHI can be thought as two-dimensional (2D) versions of three-dimensional (3D) topological insulators [4,5]. The promises of applications in spintronics and quantum computing have leveraged the research towards the understanding and the synthesis of such systems.

The main platform for the studies of QSHI behavior are semiconductor heterostructures forming quantum wells of "inverted-band" materials, such as HgTe or GaSb. In fact, QSHI behavior was first predicted to occur in HgTe/CdTe quantum wells [6] with experimental results consistent with the presence of helical edge states in this system appearing shortly thereafter [7]. Nevertheless, the fabrication process of HgTe/CdTe quantum wells presents subtleties making the molecular beam epitaxy growth not broadly accessible. Moreover, mercury compounds are highly toxic and must be handled with extra precautions [8], adding a degree of risk to those involved in the synthesis process.

Later, it was predicted that broken-gap InAs/GaSb asymmetric quantum wells also behave as QSHI [9]. More importantly, eight-band  $\mathbf{k} \cdot \mathbf{p}$  calculations have suggested that the topological transition (i.e., gap inversion) can be controlled by applying an external electric field (eF) along the growth direction [10] applied through a potential difference between front and back gates.

These theoretical predictions were then tested in a variety of experiments on InAs/GaSb quantum-well samples. Evidence for a gap at charge neutrality [11] and quantized conductance [12,13] were reported in small samples (with length  $L \leq 2 \mu m$ ). More recently, such electric field-driven

topological phase transitions were characterized in InAs/GaSb quantum wells [14–17] and thin films of 3D topological insulators [18,19].

Despite these experimental developments, finding quantized conductance plateaus in these systems is a challenging task as the actual conductance values can be sensitive to disorder effects [20] and, thus, vary from sample to sample and in different experimental setups. For instance, the presence of helical sates at zero field in *p-n* junctions at zero magnetic field is inconclusive [21,22]. More importantly, edge-state transport has been detected in the *trivial* phase of InAs/GaSb quantum wells [23,24]. Indeed, such states are seen in several samples and might be contributing to the conductance in the topological phase as well.

This telling example shows that it is not trivial to distinguish nontopological and topologically protected helical states from transport data alone. As such, it is desirable to have additional signatures of the presence of topologically protected helical edge states in InAs/GaSb samples.

In this paper, we address this question by studying a realistic model for InAs/GaSb quantum wells in the presence of an applied electric field and showing that the interedge coupling of edge states in narrow samples can lead to oscillations as a function of the field. Such oscillations occur only in the topological phase and can be directly linked to the presence of helical edge states and thereby signal the onset of QSHI behavior. As such, the oscillations in the edge states can serve as a confirmation for the presence of topologically protected helical edge modes in InAs/GaSb quantum-well systems.

Moreover, we show that the electric field controls not only the topological transition, but also increases the exponential localization of the edge states, similar to the role played by the magnetic field in regular quantum Hall edge states. In this sense, the situation is analogous to the energy oscillations



FIG. 1. Schematic of the asymmetric InAs/GaSb quantum well. (a) Representation of the inverted regime with the holelike state in the GaSb quantum well (width  $d_2$ ) at a higher energy than the electron-like state at the InAs quantum well (width  $d_1$ ). (b) Representation of the Stark shift eF referred to, henceforth, simply as the electric field. The inverted regime can be obtained also by varying eF.

seen in other contexts, such as Majorana systems [25,26] and zeroth Landau level oscillations in nodal semimetals [27].

This paper is organized as follows: in Sec. II we present  $\mathbf{k} \cdot \mathbf{p}$  calculations for InAs/GaSb asymmetric quantum wells and then derive a low-energy Bernevig, Hughes, and Zhang (BHZ)-like model with realistic parameters. The resulting band structure, the topological phase transition, and the resulting appearance of exponentially localized edge states in the system are presented in Sec. III. More importantly, we show that the edge states' energies and localization length oscillate as function of the applied electric field. Finally, we present our concluding remarks in Sec. IV.

# II. MODEL

We consider the asymmetric InAs/GaSb system depicted in Fig. 1. In this geometry, the system is composed by a single InAs quantum well in the conduction band (CB) (for electronlike states) next to a GaSb valence-band (VB) quantum well (for holelike states) leading to a band inversion at the InAs/GaSb interface. Similar to the cases of HgTe/CdTe [6] and InAs/GaSb single quantum wells [9,10], a topological phase transition between a trivial insulator and quantum spin Hall phases can be controlled by varying the width  $d_1$  of the InAs quantum well [28]. Throughout the paper, we consider fixed widths  $d_1$  and  $d_2$  corresponding to the quantum spin Hall phase, namely,  $d_1 = 91$  Å (or 15 monolayers of InAs) and  $d_2 = 48.8$  Å (eight monolayers of GaSb). As an additional consistency check, the calculations were performed for  $d_1 = 97$  Å (16 monolayers of InAs), yielding similar results (see Table I).

TABLE I. BHZ Hamiltonian parameters extracted from the fittings of Figs. 4 and 5. Energies are expressed in eV, lengths in angstroms, and electric fields in volts.

	$d_1 = 91 \text{ Å}$	$d_1 = 97 \text{ Å}$
$\overline{A_c}$	$1.613 \times 10^{-6}$	$9.000 \times 10^{-5}$
$A_v$	$3.729 \times 10^{-5}$	$3.644 \times 10^{-5}$
$B_c$	$3.177 \times 10^{-2}$	$3.109 \times 10^{-2}$
$B_v$	$3.140 \times 10^{-2}$	$3.136 \times 10^{-2}$
$C_c$	$-5.007 \times 10^{-2}$	$-5.379 \times 10^{-2}$
$C_v$	$3.480 \times 10^{-2}$	$5.680 \times 10^{-2}$
$D_c$	$4.691 \times 10^{1}$	$4.625 \times 10^{1}$
$D_v$	$-2.105 \times 10^{1}$	$-1.778 \times 10^{1}$
$F_c$	$1.952 \times 10^{-1}$	$1.318 \times 10^{-1}$
$F_v$	$3.068 \times 10^{-1}$	$4.260 \times 10^{-1}$
$G_c$	$-5.545 \times 10^{-4}$	$-5.419 \times 10^{-4}$
$G_v$	$9.703 \times 10^{-4}$	$8.421 \times 10^{-4}$
$p_0$	$8.436 \times 10^{-2}$	$7.429 \times 10^{-2}$
$p_1$	$-3.727 \times 10^{-4}$	$-3.863 \times 10^{-4}$

The low-energy BHZ Hamiltonian used in this paper was obtained following a four-step process, which we now summarize. First, the GaSb/InAs/AISb system is modeled with an eight-band Kane Hamiltonian properly parametrized. Next, a low-energy effective Hamiltonian is determined with a "folding-down" procedure and, from both the low-energy and the original eight-band Hamiltonians, the effect of the applied electric field in the system is introduced. Finally, the lowenergy Hamiltonian is reviewed and parametrized in order to account the effects of the applied electric field. We discuss these steps in detail in the following sections.

### A. k · p Hamiltonian

We start from a well-known eight-band Kane Hamiltonian [29], parametrized for the InAs, GaSb, and AlSb bulk alloys. For the modeling of the heterostructure, the confinement of the quantum well in the growth (z) direction is included by considering the envelope function approximation where the Kane model parameters are taken as z dependent, and the substitution  $k_z \rightarrow -i\partial_z$  is performed. We used a reciprocal space approach where the envelope function is solved by expanding the growth direction into the Fourier coefficients of the potential and z-dependent parameters [30,31]. To describe each layer, we used realistic Kane model parameters depicted in Ref. [32].

Due to the confinement in the z direction, one can assume that the band structure along that direction is flat and that the eigenfunction of the states at  $\Gamma$  are a good description of all the functions along the  $\Gamma$ -Z direction.

Figure 2 presents the system band profiles, wave functions, and band structures. Panel (a) shows the band profiles for conduction and valence bands. The box indicates the energy range around Fermi level inspected in this analysis. Panels (b)–(d) present the density probabilities of the first conduction band, heavy, and light hole states, respectively. The band structure associated with these lowest states in the [100] direction is depicted in panel (e), and panel (f) details the four states that may be inverted under the application of the electric field along the



FIG. 2. Results from the  $\mathbf{k} \cdot \mathbf{p}$  calculations. In (a) we show the schematic of the layered system used in the  $8 \times 8 \mathbf{k} \cdot \mathbf{p}$  calculation. The dashed box in panel (a) shows the energy range of the states around the Fermi energy that is used in panels (b)–(d) that show the less energetic conduction band, heavy hole (HH) and light hole (LH) states, respectively. Panel (e) presents in the same energy range the full  $8 \times 8$  calculation along the parallel direction. The box in this panel presents the target band structure used to obtain the four-band effective model, shown in (f). Heavy hole, light hole, and electron states are represented in green, yellow, and blue, respectively.

growth direction in the region defined by the box in panel (e). The goal of our modeling is to define a realistic simplified Hamiltonian that reproduces the band structure presented in the last panel.

### **B.** Projected perturbation method

After solving for the eigenenergies at the  $\Gamma$  point in momentum space ( $k_x = k_y = 0$ ),

$$\mathcal{H}^0|\varphi_n\rangle = E_n|\varphi_n\rangle,\tag{1}$$

we have selected the eigenstates  $|\varphi\rangle$  most affected by the inversion of bands, i.e., where the mixing of conduction bands and valence bands would be more important. The influence of the states that does not belong to this set can be shown to be small in first order by the Löwdin [33] perturbation theory.

Therefore, the full analytical  $8 \times 8$  Kane Hamiltonian expanded into plane waves in the *z* direction is projected over those selected states at the  $\Gamma$  point, resulting in an effective 2D Hamiltonian,

$$H = (\langle \varphi_1 |, \dots, \langle \varphi_{16} |) \mathcal{H}(\mathbf{k}) \begin{pmatrix} |\varphi_1 \rangle \\ \vdots \\ |\varphi_{16} \rangle \end{pmatrix}, \qquad (2)$$

where we have taken eight doubly degenerate bands due to spin degeneracy presented in Figs. 2(b)-2(d).

The chosen 16 states are the ones most affected by the band inversion where the mixing of the CB and VB is important. Using the Löwdin perturbation scheme [33] to validate this set, we chose the set of states mostly affected by the inversion as our unperturbed set in which the first-order corrections are small. Finally, the band structure of the 16-state Hamiltonian seemingly compares to the one found with the much more expensive envelope function  $8 \text{ NPW} \times 8 \text{ NPW}$  Kane Hamiltonian where NPW is the number of plane waves of the expansion.

### C. Effective low-energy Hamiltonian

Coming back to the Löwdin perturbation scheme since we have a Hamiltonian that fully describes our problem, we can still reduce it by defining a new set of unperturbed functions. We chose them as the functions in the small box in Fig. 2(e) and apply the first-order correction using the other 12 states in a numeric folding down procedure by using Schur's complement [34]. The final result is a  $4 \times 4$  Hamiltonian matrix with the format,

$$H = \begin{bmatrix} H_{+}(\mathbf{k}) & H_{\pm}(\mathbf{k}) \\ H_{\mp}(\mathbf{k}) & H_{-}(\mathbf{k}) \end{bmatrix},$$
(3)

where matrix  $H_+$  is defined as

$$H_{+}(\mathbf{k}) = \begin{bmatrix} \varepsilon_{c}(\mathbf{k}) & iP\mathbf{k}_{+} \\ -iP\mathbf{k}_{-} & \varepsilon_{v}(\mathbf{k}) \end{bmatrix},$$
(4)

with

$$\varepsilon_c(\mathbf{k}) = E_c + \alpha_c \mathbf{k} + \gamma_c \mathbf{k}^2, \qquad (5)$$

$$\varepsilon_v(\mathbf{k}) = E_v + \alpha_v \mathbf{k} + \gamma_v \mathbf{k}^2, \tag{6}$$

and the time-reversal symmetry guaranteeing that  $H_{-}(\mathbf{k}) = H_{+}^{*}(-\mathbf{k})$ . The coupling matrices  $H_{\pm}(\mathbf{k})$  and  $H_{\mp}(\mathbf{k})$  are given by

$$H_{\pm}(\mathbf{k}) = \begin{bmatrix} 0 & N_{-}(\mathbf{k}) \\ N_{+}^{*}(\mathbf{k}) & 0 \end{bmatrix},$$
(7)

noting that  $H_{\mp} = (H_{\pm})^{\dagger}$  due to the unitarity. The nonzero elements of coupling matrices are given by

$$N_{\pm}(\mathbf{k}) = -(k_x^2 - k_y^2)\eta_2 \pm k_x k_y \eta_3.$$
(8)

A closer inspection of the  $\eta_2$  and  $\eta_3$  values shows that the folded down off-diagonal terms in the  $N_{\pm}$  blocks are responsible for corrections on the order of 0.01 meV in the region of the fitting ( $|k_x| < 0.15 \text{ nm}^{-1}$ ), having little or no impact at the band structures when compared to the case where we consider the bottom of the conduction- and top of the valence-band states in the full Kane calculation. As such, the diagonal approximation ( $\eta_2 = \eta_3 = 0$ ) turns out to give an excellent description of the low-energy physics around the  $\Gamma$ point.

## **D.** Four-band BHZ model

Following these results, we opted for using a BHZ-like Hamiltonian [6] given by

$$H_{\rm BHZ} = \begin{bmatrix} \hat{H}_{2\times 2}(\mathbf{k}) & 0\\ 0 & \hat{H}_{2\times 2}^{*}(-\mathbf{k}) \end{bmatrix},$$
(9)



FIG. 3. Panels (a)–(d) show the schematics of the confinement profiles including the heterostructure profile and the applied electric field creating a Stark shift between the interfaces with the AlSb layers on both sides of -30, 0, 10, and 30 meV, respectively. The bottom of the conduction band (blue, on the left) and the top of the valence band (orange, on the right) as well as the highest valence-band and lowest conduction-band states are shown. (e)–(h) panels show the band structures with the different applied fields.

with

$$\hat{H}_{2\times 2}(\mathbf{k}) = \begin{bmatrix} \varepsilon_c(\mathbf{k}) & iP\mathbf{k}_+ \\ -iP\mathbf{k}_- & \varepsilon_v\mathbf{k} \end{bmatrix},$$
(10)

with  $\varepsilon_c(\mathbf{k})$  and  $\varepsilon_v(\mathbf{k})$  defined in Eqs. (5) and (6). The basis set is defined in the usual order [6] as

$$|E, +\rangle, |H, +\rangle, |E, -\rangle, |H, -\rangle$$
 (11)

defined by the character of the states of the Kane model at  $\Gamma$ -point heavy holes for  $|H, \pm\rangle$  and a composition of conduction-band electrons (mostly), light (smaller), and splitoff holes (negligible) for  $|E, \pm\rangle$ .

#### E. Applied electric field

The effect of applied electric field's potential drop across the z directions is shown in Fig. 3 both in the potential profile and in the Kane model band structures. A positive drop causes the inversion of conduction and heavy hole bands, and a negative one increases the gap.

Figures 3(a)-3(d) show the potential profiles together with the  $\Gamma$ -point energies, across the topological phase transition. As the energy difference between HH and EL states becomes smaller [Figs. 3(a) and 3(b)], the gap closes [Fig. 3(c)] and reopens [Fig. 3(d)] with an inverted gap. The respective band structures show usual semiconductor behavior [Figs. 3(e) and 3(f)], a gap closure [Fig. 3(g)], and a "gapped semimetal" [Fig. 3(h)].

In the next step we proceeded to the fitting of the BHZ model with different electric field profiles in the range from -30 and 70 meV. The fittings of selected systems are presented in Fig. 4. From the fittings, one may conclude that the BHZ Hamiltonian provides all the features necessary to the



FIG. 4. Band structures of the BHZ (dotted lines) and  $8 \times 8 \mathbf{k} \cdot \mathbf{p}$  (solid lines) models under the influence of eF. From (a) to (f), eF = -20, -10, 0, 10, 20, and 30 meV, respectively. Yellow (blue) bands have holelike (electronlike) character at the  $\Gamma$  point.

analysis of these four states under the application of an electric field.

As a final step to parametrize our system, we proceed to the fitting of the curves of the relevant parameters under the influence of the applied electric field. The dependence of the parameters in Eq. (9) on the eF is given by the following expressions:

$$E_{(c,v)}(eF) = A_{(c,v)}eF + B_{(c,v)},$$
  

$$\gamma_{(c,v)}(eF) = C_{(c,v)}eF + D_{(c,v)},$$
  

$$\alpha_{(c,v)}(eF) = F_{(c,v)}eF + G_{(c,v)},$$
  

$$P(eF) = p_0 + p_1eF,$$
(12)

with the fittings are presented in Fig. 5. Each of these parameters depend on the quantum-well thickness as shown in Table I. Note that the linear coefficients  $\alpha_{c,v}$  are essentially two orders of magnitude smaller than the other relevant terms in the range of  $0 \leq eF \leq 60$  meV. As such, the linear terms



FIG. 5. Fitting of the variation of BHZ relevant parameters under the influence of eF. In solid lines the fitted curves and in dots, the original  $8 \times 8$  Hamiltonian fitted values. (a) Valence-band maximum (orange), conduction-band minimum (blue), and Fermi level (green); (b) effective mass parameter for valence (orange) and conduction (blue) bands; (c)  $\alpha$  parameter for valence (orange) and conduction (blue) bands; and (d) interband interaction parameter *P*.



FIG. 6. Electric field-driven topological phase transition for the InAs/GaSb double quantum well with  $d_1 = 91$  and  $d_2 = 48.8$  Å. BHZ energy spectra for eF = (a) 10 meV, (b) 20 meV, and (c) 40 meV. The color bar corresponds to the pseudospin projection. Band inversion and topologically protected edge states are shown in panels (b) and (c).

of type  $\alpha_{c,v} \mathbf{k}$  can be safely neglected near the  $\Gamma$  point for all field values considered.

#### **III. TOPOLOGICAL EDGE STATES**

Once the parametrization of the low-energy BHZ Hamiltonian has been established, we turn to the topological transition and the edge states. To this end, we work with real-space discretization of the  $\hat{H}_{2\times 2}$  block written as

$$\hat{H}_{2\times 2}^{\prime} = \begin{bmatrix} \varepsilon_{c}^{\prime}(\mathbf{k}) & iP\mathbf{k}_{+} \\ -iP\mathbf{k}_{-} & \varepsilon_{v}^{\prime}\mathbf{k} \end{bmatrix},$$
(13)

where the primed diagonal elements are given in terms of the parametric functions defined in Eq. (13) (and  $\alpha_c = \alpha_v = 0$  as previously justified) by

$$\varepsilon_{(c,v)}'(\mathbf{k}) = E_{(c,v)} + \gamma_{(c,v)} \mathbf{k}^2, \qquad (14)$$

with the parameters set for the case of  $d_1 = 91$  Å (InAs quantum-well width) shown in Table I.

In the following, we consider infinite strips with translational symmetry in the x direction and hard-wall boundary conditions in the y direction with width  $L_y$ . For concreteness, we focus on narrow ( $L_y = 100$ -nm) and wide ( $L_y = 200$ -nm) systems The calculations are performed with the KWANT package [35].

#### A. Electric field-driven topological transition

We begin by characterizing the topological phase transition as a function of the Stark shift energy eF [10]. Figure 6 shows the results for the spectrum of the discretized Hamiltonian for different values of eF for wide strips ( $L_y = 200$  nm).

The topological transition at  $eF \approx 12 \text{ meV}$  is marked by the closing of the gap and subsequent band inversion, along with the appearance of edge states with linear dispersion [seen in Figs. 6(b) and 6(c)]. The band inversion can be quantified by the *z* component of the pseudospin, defined by  $\langle S_z \rangle =$  $\int (|\psi_e|^2 - |\psi_h|^2)$ . As such, the color of each state indicates its composition of the states in terms of  $|E, +\rangle$  and  $|H, +\rangle$ components.



FIG. 7. Energy spectra for at  $k_x = 0$  versus the electric field for quantum-well widths of  $L_y = (a) 100$  nm and (b) 200 nm. Lines in blue and orange represent the low-lying states, which become the edge states after the transition. Note the oscillations arising from interedge coupling for narrow quantum wells.

### B. Edge-state energy oscillations

Next, we turn to the behavior of the edge states in the topological phase as the Stark shift is increased. Figure 7 shows the spectrum at  $k_x=0$  as a function of eF for two different values of  $L_y$ : (a) 100-nm (narrow strip) and (b) 200-nm (wide strip).

The electric field-induced topological phase transition is clearly seen in both cases, marked by a crossing of the states at the top of the conduction band and at the top of the valence band. These *low-lying energy states* become the subgap edge states in the topological phase.

More importantly, Fig. 7 shows a clear oscillatory pattern in the energy of the edge states as a function of eF. These oscillations are more pronounced in the case of narrow strips [Fig. 7(a)].

The origin of such electric field-driven oscillations as it will become clear later is the interedge coupling of the edge states localized at opposite edges. As such, these low-lying oscillations occur only in the topological phase and can be regarded as true signatures of the presence of topological edge modes.

#### C. Edge-state localization

In order to better understand how the coupling between edge states gives rise to oscillations as a function of the electric field, we consider the following ansatz for the  $k_x = 0$  edge state wave functions as a function of the vertical coordinate *y* [25]:

$$|\psi_{b(t)}(y)|^2 \propto e^{-(2\tilde{y}_{b(t)})/\xi} \sin^2[k_f \tilde{y}_{b(t)}], \qquad (15)$$

which corresponds to an oscillatory function with an exponential decay where both the localization length  $\xi$  and the wave-number  $k_f$  both depend on the electric field (see full expressions in the Appendix).

Figure 8 shows the evolution of  $|\psi(y)|^2$  as a function of the eF for  $L_y = 100$  nm [Fig. 8(a)] and 200 nm [Fig. 8(b)]. In both cases, it becomes clear that the low-lying states tend to localize at the edges. In the narrow strip [Fig. 8(a)], the overlap between states at different edges leads to a stronger modulation as a function of the electric field.



FIG. 8. Electrical enhancement of the edge state localization for (a)  $L_y = 100$  nm and (b)  $L_y = 200$  nm. The color map indicates the transverse profile of the absolute squared value of the wave functions. In both panels, the wave functions adopted are those associated with the states represented by the blue line in Fig. 6.

The localization length  $\xi(eF)$  can be extracted by fitting an exponential through the first two local maxima of  $|\psi(y)|^2$ (a linear fit in a semilogarithmic plot). Similarly, the wavenumber  $k_f(eF)$  can be extracted by by averaging the distances between subsequent minima of  $|\psi(y)|^2$ .

In both cases, we can compare these fittings with analytical results [Eqs. (A5) and (A4) in the Appendix) obtained using the ansatz of Eq. (15). The results shown in Fig. 9 show an excellent agreement, further corroborating the choice of the ansatz. We note that as shown in the Appendix, the exponentially localized form of Eq. (15) is derived for topologically protected states with energies at the center of the gap ("zero modes"). As such, nontopological states with a finite energy will *not*, in general, display these same features.

# **IV. CONCLUDING REMARKS**

To summarize, we studied the behavior of topological edge states in an realistic effective electronic model for InAs/GaSb quantum wells in the presence of an applied electric field. Using a  $\mathbf{k} \cdot \mathbf{p}$  approach, were able to derive a realistic low-energy BHZ-like model for the system and probe the electric field-driven topological transition of the quantum spin Hall phase of InAs/GaSb quantum-well systems.



FIG. 9. Evolution of the localization length  $\xi$  (a) and the wavenumber  $k_f$  (b) for the low-lying energy states for a system with  $L_y =$ 200 nm. In dashed lines we have the values obtained from numerical fitting over the wave functions, whereas the dotted values are the average of the results for both states, and the continuum line is the analytical result.

One of our main results is establishing that the electric field-driven energy oscillations in the edge states in narrow systems are a clear signature of the onset of the topological phase. Such oscillations are related to intraedge coupling between the states localized on opposite edges.

More interestingly, we are able to provide an ansatz for the edge states as a function of the electric field with the same formal structure of those found in other topological systems with exponentially localized edge modes. With this, we were able to find analytical expressions for the localization length and wave vector as a function of the electric field, which nicely match our numerical results.

We are confident our results can motivate an experimental search to investigate such oscillations in edge-state conductance experiments, which could be an additional element in confirming for the presence of topologically protected helical edge modes in InAs/GaSb quantum-well devices. Although a full transport calculation is beyond the scope of the present paper, we believe that conductance maps from a four-probe setup with front and back gates can show the oscillatory pattern consistent with our results.

The key ingredient in such experiments would be the enhancement of the coupling between edge states. We believe this could be achieved by adding a submicron lateral constriction (similar to that of a quantum point contact) in the device's Hall bar. The oscillations would appear in four-terminal experiments where both the density and the electric field can be tuned, a procedure similar to that of Ref. [16]. As such, a conductance map as a function of both front and back gates should show oscillations in the topological region near charge neutrality.

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#### APPENDIX: ANALYTICAL SOLUTIONS

In this Appendix, we derive the analytical expressions for the edge-state wave-function  $\psi(y)$  and energy as well as the localization length  $\xi(eF)$  and the wave-number  $k_f(eF)$  (which are functions of the Stark shift eF) appearing in Sec. III C. We note that a similar derivation for  $\psi(y)$  can be found in Ref. [36].

First in order to derive an analytic expression for the wave function and energy, we first define the energy of the  $k_x = 0$  edge states for a infinitely wide strip, i.e.,  $E_{\infty}(eF) = \lim_{L_y \to \infty} E_{edge}(k_x = 0)$ . This can be obtained as an order-three polynomial approximation from numerical calculations. For

a wide strip, the edge-state wave-function  $\psi(y)$  will obey  $H_{2\times 2}\psi(y) = E_{\infty}(eF)\psi(y)$ , which can be written as

$$\begin{bmatrix} E_c - \gamma_c \partial_y^2 - E_\infty & iP \partial_y \\ iP \partial_y & E_v - \gamma_v \partial_y^2 - E_\infty \end{bmatrix} \psi(y) = 0 .$$
(A1)

Since these states are exponentially localized at the edges, we can expand the edge mode in the form  $\psi(y) \sim e^{\pm zy}$  with  $z = ik_f - 1/\xi$  with  $\xi$  being the localization length. The solution of *z* must satisfy the quartic equation,

$$\det \begin{bmatrix} E_c - \gamma_c z^2 - E_\infty & iPz \\ iPz & E_v - \gamma_v z^2 - E_\infty \end{bmatrix} = 0 .$$
 (A2)

For  $\xi > 0$ , there are only two solutions for *z*,

$$z_{\pm} = -\sqrt{\frac{\Omega \pm \sqrt{\Lambda - \Omega^2}}{2\gamma_c \gamma_v}},\tag{A3}$$

where  $\Omega = -P^2 + (E_c - E_{\infty})\gamma_v + (E_v - E_{\infty})\gamma_c$  and  $\Lambda = 4\gamma_c\gamma_v(E_c - E_{\infty})(E_v - E_{\infty})$ . Both  $k_f = \text{Im}[z]$  and  $1/\xi = \text{Re}[z]$  can be rewritten in terms of  $\Omega$  and  $\Lambda$ ,

$$k_f = \frac{1}{2} \sqrt{\frac{\sqrt{\Lambda} + \Omega}{\gamma_c \gamma_v}} , \qquad (A4)$$

$$\xi = -\frac{4\gamma_c \gamma_v k_f}{\sqrt{\Lambda - \Omega^2}} \,. \tag{A5}$$

We can classify the two solutions as wave-functions  $\psi_t$ and  $\psi_b$  localized at the top  $(y=L_y)$  and bottom (y=0) edges, respectively. We can write, say,  $\psi_b(y)$  as

$$\psi_b(y) = ue^{zy} \begin{bmatrix} A_0 \\ B_0 \end{bmatrix} + ve^{z^* y} \begin{bmatrix} A_1 \\ B_1 \end{bmatrix}.$$
 (A6)

By imposing time-reversal symmetry and the boundary condition  $\psi_b(y=0) = 0$ , it is clear that u = -v = iand  $A(B)_0 = A(B)_1$ . Thus, a solution of Eq. (A1) assuming Eq. (A2) is given by

$$A_{0(1)} = \frac{(E_v - z^2 \gamma_v - E_\infty)}{Pz}, \quad B_{0(1)} = I.$$
 (A7)

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Taking all of this into account,  $\psi_b(y)$  is given by

$$\psi_b(y) \propto e^{-y/\xi} \sin(k_f y),$$
 (A8)

and  $\psi_t(y)$  (localized at the top edge) will be given by

$$\psi_t(y) \propto e^{-(L_y - y)/\xi} \sin[k_f(L_y - y)].$$
 (A9)

Finally, the energy difference associated with interedge coupling of the modes can be calculated by taking

$$\Delta E = \frac{\langle \psi_t | H | \psi_b \rangle}{\langle \psi_{\text{edge}} | \psi_{\text{edge}} \rangle},\tag{A10}$$

where  $|\psi_{edge}\rangle = a_0 |\psi_t\rangle + a_1 |\psi_b\rangle$  with the constant  $|a_0|^2 + |a_1|^2 = 1$  and  $\langle \psi_{edge} | \psi_{edge} \rangle = \kappa$  is the normalization factor. In the limit of large system  $L_y \gg \xi$  the normalization can be approximated as

$$\kappa \approx \frac{k_f^3 \xi^3}{4(k_f + k_f^3 \xi^2)},\tag{A11}$$

and the energy becomes

$$\Delta E \approx \frac{k_f L}{2\xi\kappa} e^{-L/\xi} \left( \frac{|A_0|^2}{|A_0|^2 + 1} \gamma_c + \gamma_v \right) \sin(k_f L).$$
(A12)

For the parameters of Table I, this means that  $\Delta E$  oscillates with the electric field as

$$\Delta E \approx \frac{2k_f L}{\xi^2} e^{-L/\xi} (\gamma_c + \gamma_v) \sin(k_f L), \qquad (A13)$$

with  $k_f$  given by Eq. (A4).

We note that this derivation is analogous to that of Ref. [25] for Majorana bound states in topological nanowires. This underscores the fact that there is a formal connection between the electric field-driven edge-state oscillations discussed in the main text and those appearing in Majorana systems as a function of the magnetic field. In fact, this analogy can be, in principle, applied to other topological systems [27] in order to get a better understanding the oscillatory behavior of edge-state energies as a function of external parameters.

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