Tarefa 18: identity for the velocity

Using:
$$\mathbf{v}(\mathbf{k}) = \frac{1}{\hbar} \nabla_{\mathbf{k}} H(\mathbf{k})$$

$$H|n, \mathbf{k}(t)\rangle = E_n[\mathbf{k}(t)]|n, \mathbf{k}(t)\rangle$$

$$i\hbar \frac{d}{dt}|n, \mathbf{k}(t)\rangle = i\hbar \frac{d\mathbf{k}(t)}{dt} \cdot \nabla_{\mathbf{k}}|n, \mathbf{k}(t)\rangle$$

$$H|\Psi(t)\rangle = i\hbar \frac{d}{dt}|\Psi(t)\rangle$$

$$\nabla_{\mathbf{k}}(H|n, \mathbf{k}\rangle) = (\nabla_{\mathbf{k}} H)|n\mathbf{k}(t)\rangle + H(\nabla_{\mathbf{k}}|n, \mathbf{k}\rangle)$$

Show that:

$$\hbar \mathbf{v} | n\mathbf{k}(t) \rangle = \nabla_{\mathbf{k}} (E_n[\mathbf{k}] | n, \mathbf{k} \rangle) - i\hbar \frac{d\mathbf{k}(t)}{dt} \cdot \nabla_{\mathbf{k}} (\nabla_{\mathbf{k}} | n, \mathbf{k} \rangle)$$